



# Satisfaction in Penance

*Satisfaction means doing what is possible to repair the harm a sin has caused to another person and to yourself. After we confess our sins to a priest, he gives us a penance to perform. This penance often involves an action to perform or prayers to say.*

**Directions:** Below is a list of sinful actions and attitudes. Describe what you think would be an appropriate penance to repair the harm done.

## My Relationship with God

I do not turn to God often during the day, especially when I am tempted.	<hr/> <hr/>
I fail to participate attentively at Mass. I fail to pray often or read the Bible.	<hr/> <hr/>
I use God's name or the names of Jesus, Mary, and the saints disrespectfully.	<hr/> <hr/>

## My Relationship with Others

I am a bad example to others through my words or actions. I fail to treat others fairly.	<hr/> <hr/>
I fail to be loving and respectful to my family, teachers, and others.	<hr/> <hr/>
I fail to show respect for my body and for the bodies of others.	<hr/> <hr/>
I took or damaged something that wasn't mine. I cheated, copied homework, or lied.	<hr/> <hr/>