

Name \_\_\_\_\_ Date \_\_\_\_\_

ACTIVITY



SESSION 3

# Personal Covenant

*God's covenant with Noah was a promise never to give up on people.*

**Directions:** Write your own covenant with God. Complete the unfinished sentences on the scroll and sign it at the bottom.

God, you have given me all. You have created me.

You have promised never to give up on me.

You have made me a member of your people through the Church.

You have \_\_\_\_\_.

You have \_\_\_\_\_.

You have \_\_\_\_\_.

In return, you have asked me to love and honor you,  
to follow the Ten Commandments, to live the Beatitudes,  
and to love my neighbor.

Here is my promise to you in response. This is how I will live the covenant.

To love and worship you, I will \_\_\_\_\_

\_\_\_\_\_.

To follow the Ten Commandments, I will \_\_\_\_\_

\_\_\_\_\_.

To live the Beatitudes, I will \_\_\_\_\_

\_\_\_\_\_.

To love my neighbor, I will \_\_\_\_\_

\_\_\_\_\_.

I will also \_\_\_\_\_

\_\_\_\_\_.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)